



CENTRAL NY'S PREMIER LACROSSE ORGANIZATION

INDOOR LACROSSE AT RISING STARS COMPLEX

Player Requirements

- US Lacrosse Insurance
- All protective gear
- At the discretion of the coaches, a player may play “up” or “down” a division based on ability and experience
- Reversible Jersey (not provided)
- Signed waiver forms
- Full payment

Boys Rules

- Modified NFHSA Rules
- No clearing time
- Running time penalties
- 8 vs. 8 (2 long sticks, 2 attack, 3 mids)
- 1 Timeout per half (anywhere on field)
- 2 - 25 min. halves
- Substitutions on the fly
- **1 minute unsportsmanlike penalty for the following offenses:**
 - body checking of any kind
 - Pushing a player out of bounds
 - One handed stick checks
 - Swearing

• Only coaches may address the referees. Verbal abuse by players, parents, or coaches will result in a 3 minute non-releasable penalty.

• Fighting • Punching • Intent to Injure will result in a 3 minute non-releasable penalty and ejection from the game. A player may be expelled from the league at the organizer's discretion without refund for any behavior deemed unsportsmanlike or overly aggressive.

Girls Rules

- Level A rules will be used.
- No clearing time
- Running time penalties
- 8 vs 8 (2 def, 3 mids, 2 attack)
- 1 Timeout per half (anywhere on field)
- 2 – 22 min. halves
- Substitutions on the fly

• There are no archs painted on the Rising Stars turf. Refs will do there best to ensure defensive play is legal.

Divisions

Divisions will be created based on participation. We will do our best to make sure all players that want to play will have a team/division to play on. – **First come first served**

Other Details

- Player fee payable to “*Tri-City Lacrosse*” and is due by **before your first game – NO REFUNDS.**
- Registration info. can be found at www.tricitylacrosse.org and Schoen Brothers Lacrosse.