


Tri-City Lacrosse Boys Travel Teams 2023-2024

## RAPTORS LACROSSE TRYOUTS

Tri-City Lacrosse is proud to offer Boy's lacrosse travel teams for birth years of 2030/2031 and 2028/2029 for the 2023-2024 season.


We have a great group of coaches, all with college coaching experience. Our coaches have played competitively at all positions (Defense, Middie, Attack, Faceoff Middie, and Goalie). We will instruct players on team concepts, positional skills, as well as individualized instruction. Our focus is simple, make every player better and in turn, as the level of play improves among these teams, so will the quality of play in the region.

The best part about these teams is that they will showcase talent from the Mohawk Valley while keeping everything locally (outdoors in Rome, indoors in Westmoreland or Whitesboro TBD). The level of play has improved significantly in our region over the last few years and this is the next step in building upon that improvement. We believe we can field very competitive teams with the players we have locally!!

Tryout Location
Tri-City Sports Complex, 6556 Bartlett Rd, Rome, NY
Dates/Times

| Date/Grad Year | 2030/2031 | $2028 / 2029$ |
| :---: | :---: | :---: |
| August 12 | $10: 00-11: 30 \mathrm{am}$ | $12-1: 30 \mathrm{pm}$ |
| August 13 | $4: 00-5: 00 \mathrm{pm}$ | $6: 00-7: 30 \mathrm{pm}$ |

## Player Requirements

- \$20 Try-out Fee • US Lacrosse Insurance (purchase at www.uslacrosse.org, membership link) • One tryout session for age group, best is to attend both • Please show up 30 minutes prior to start to register.


## Other Details

-Checks should be made out to "Tri-City Lacrosse"
-Price: Still to be determined, but we plan on keeping the team fee as low as possible. $\$ 850$ is the current estimate and will include uniforms, shooters, practice sessions indoors (20) and outdoors in season (8), and 5 tournaments.
*We are also working team helmets to kick off the 2024 season for an additional cost.

