

**Tri-City Lacrosse, Inc.** 



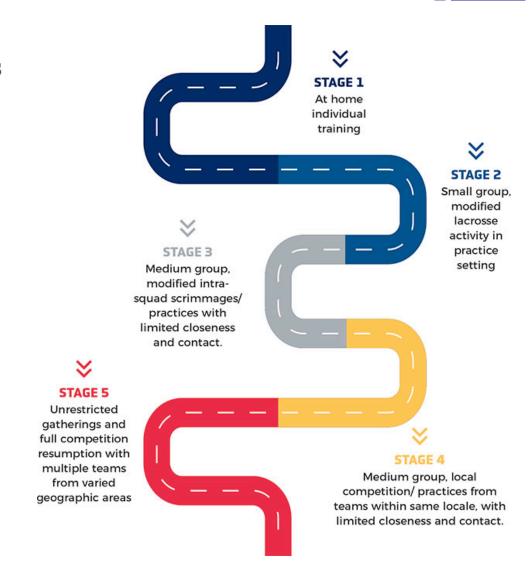
Reopening Plan 2021



# Reopening Plan

- Adhere to NYS Requirements for High School Play
- Adhere to US Lacrosse Guidelines
  - US Lacrosse is the national governing body of lacrosse
  - For more information: https://www.uslacrosse.org/about-us-lacrosse
- Contact lacrosse is allowed at this time with spectators limited and the use of masks by all players, coaches, refs and spectators. Players may remove masks temporarily if not tolerable during game play
- Leverage lessons learned from adult scrimmages which have taken place outdoors last fall (2020)

- Adhere to NYS Requirements
  - We will complete a NYS Safety Plan Template and keep on-site
- Adhere to US Lacrosse Guidelines
  - Stage 4 play:



- Spring Play
  - Start with 4th-6th grade boys and girls (non-contact, April 21 June 6)
    - I field will be used at a time
  - All game play on one day (probably on Wednesdays or Sundays)
    - 1 hour time slot with 20 minutes time between activities
      - Allows one group of players to leave and next arrive without contact
    - Players will not practice more than once a week
  - Players/parents will use mobile app for contact tracing
    - Attest to health and when they will be attending practice
    - App will identify possible exposures
  - No porto-potties

- Summer Play
  - Allow contact lacrosse league play for local teams (JV and Varsity level), non-contact for all other age groups and girls lacrosse
    - 3 fields will be used at a time (1/2 capacity)
  - All game play spread out over multiple nights (Monday Thursday)
    - 1 hour time slot with 20 minutes time between activities
      - Allows one group of players to leave and next arrive without contact
    - Players will have one game per a week
  - Players will use mobile app for contact tracing
    - Attest to health and when they will be attending practice
    - App will identify possible exposures
  - No porto-potties

- Tri-City Complex Covid Rules
  - Players show up to the field ready to play
    - All equipment on, including gloves
  - No sharing of equipment
    - Lacrosse ball is the only shared item, but not an issue
      - Always use lacrosse stick with the ball
      - Touching the ball with hands is illegal in game play
      - All players hands are gloved
      - Will disinfect lacrosse balls after each practice
  - Keeping hydrated
    - No water stations are provided
    - Players supply their own water and should not share with other players
    - No sharing towels
  - 2 spectators per player
  - Non-players (coaches, refs, site manager) will were masks
  - Social distancing on sidelines will be enabled via field lining paint (paint circles 6' apart on the sidelines) and one sign per field encourages social distancing